



Clinicians' overload and burnout*

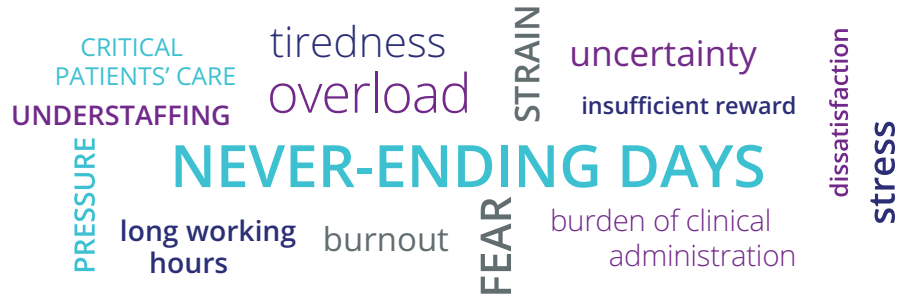
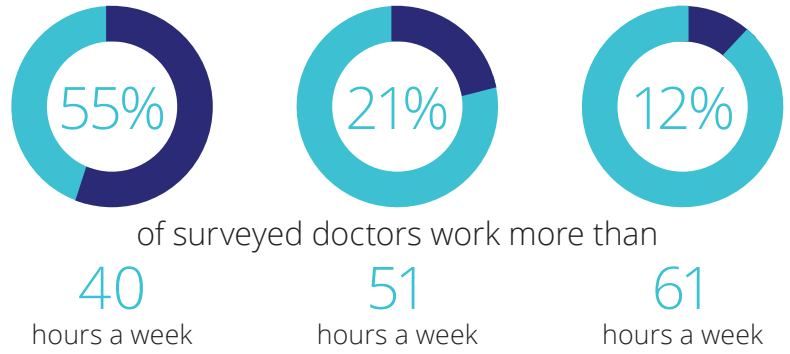
Overload and tiredness of healthcare professionals is on the rise around the world.



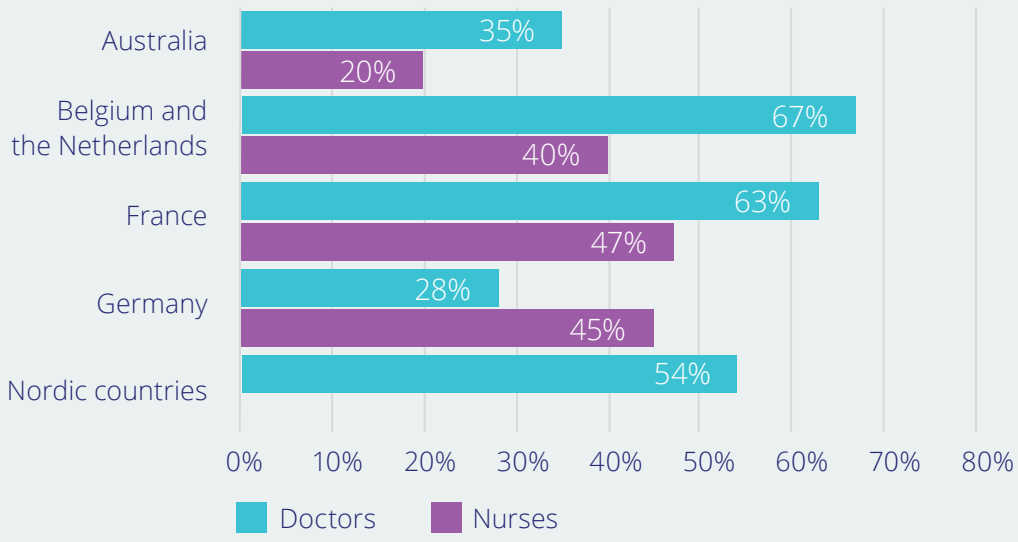
EMR burden, administrative workload, long working hours, growing patients' demand, new government regulations, decreasing income, understaffing and time pressure are associated with burnout.

The COVID-19 pandemic has increased the pressure and uncertainty leading to an exacerbation of clinicians' exhaustion.

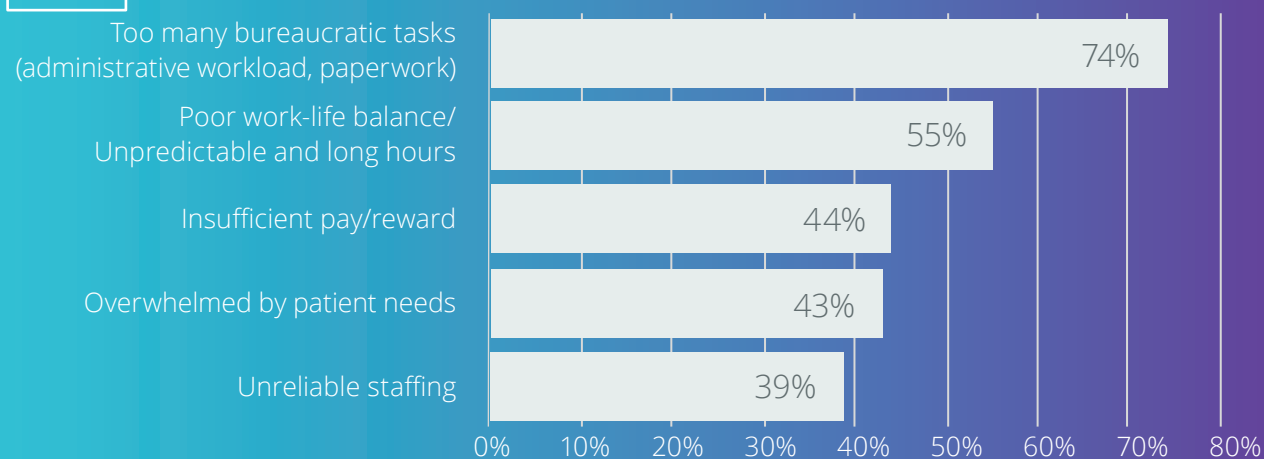
40 hours a week is the theoretical limit in most countries



The number of clinician's working longer hours (> 40hr per week) differs around the world. A ubiquitous phenomenon with negative effects: chronic fatigue, stress, anxiety, poor sleep quality, depression and exhaustion.

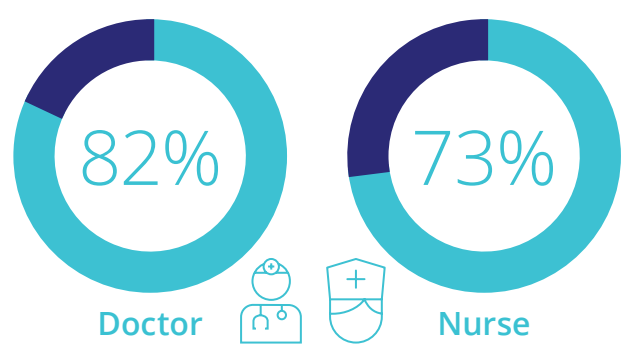


Exhaustion is affecting healthcare professionals now more than ever because of the wide and increasing amount of bureaucratic tasks, poor work-life balance and insufficient pay and reward.

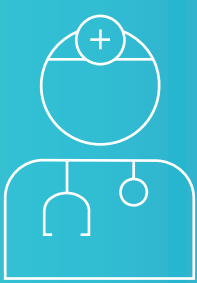
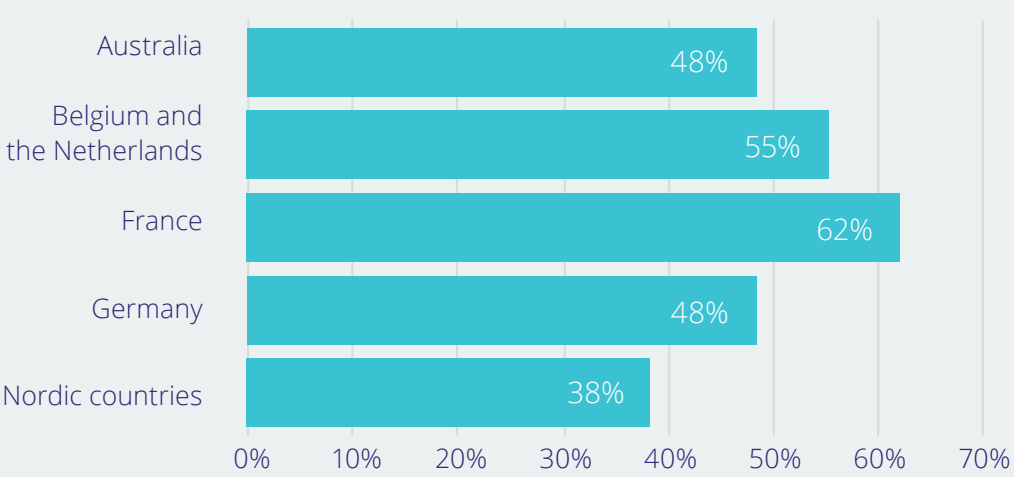


Clinicians are facing high levels of strain due to the burden of bureaucratic tasks in Australia and Europe.

82% of surveyed doctors and 73% of nurses believe that the administrative burden of clinical documentation contributes significantly to healthcare professionals' overload.



The challenging conditions and uncertainty due to the pandemic has worsened the situation. Surveyed clinicians point directly to COVID-19 as exacerbating their overload/burnout feelings.



How cutting-edge technology helps alleviate the pressure and improve quality of life

State-of-the-art technology can help:

- empower clinicians
- reduce errors
- save time and costs
- shorten turnaround times
- improve communication flows
- increase care quality and healthcare teams' satisfaction



Dragon Medical One, AI-powered, cloud-based clinical documentation, is portable and astoundingly fast. Supporting higher quality of medical records, it achieves better outcomes for healthcare organisations and creates greater clinician and patient satisfaction, all while reducing costs.



[LEARN MORE](https://australia.nuance.com/overload)
australia.nuance.com/overload

Source: HIMSS & Nuance Communications, Whitepaper | From Overload to Burnout. What Clinicians Think, 2021



About Nuance Communications, Inc.

Nuance Communications (NUANCE) is a technology pioneer with market leadership in conversational AI and intelligent intelligence. A full-service partner trusted by 77 percent of U.S. hospitals and 85 percent of the Fortune 100 across the globe, we create intuitive solutions that amplify people's ability to help others.